

GET READY FOR...



SQUIDGE

The film

PRE-SHOW ACTIVITY PACK

SQUIDGE is all about our sense of touch and how we use it in our everyday lives...

During **SQUIDGE** you will see the performers exploring and discovering different textures and using their sense of touch in lots of different ways.

While you are watching **SQUIDGE**, we would like you to explore these textures too, ...some might make you go ooh, some might make you go urgh!

Can you find something to squish or squash?
Something to ping and something that's soft?

Follow the instructions in this activity pack to ensure you get the full

SQUISH 'n' SQUASH 'n' STRETCHY 'n' SOFT

experience...

BEFORE THE SHOW

SLIME

These are the items we'd like you to make or find:

If you don't have any slime it's dead easy to make and is loads of fun, here's how you do it...

You will need:

- ½ cup of water
- ½ cup of PVA glue
- ¼ cup of liquid laundry detergent
- Food colouring
- A bowl
- A fork
- An airtight container

What to do:

- Mix together ½ cup of school glue and ½ cup of water in a bowl and stir with a fork until combined.
- Add in food colouring or glitter if desired, keep adding and mix thoroughly until it is the colour that you like
- Stir in 1/4 cup of liquid laundry detergent (your activator!), mix with a fork
- Continue to stir as the mixture begins to stick together, which should happen quickly.
- As the slime forms, start kneading with your hands and continue mixing until the slime is fully formed and mixed thoroughly.
- Store in an airtight container when not being used.

STRETCHY THINGS

Can you find something from around your house that is stretchy?

Here are some stretchy things you may have;

- elastic bands
- an exercise band
- hair bands
- a pair of mum's tights
- socks (long ones are good)



Can you find a few different stretchy things to try out and put them all into a box ready for the show?

SOFT FEATHERS

If you do any craft activities you might have some spare craft feathers in a cupboard, but don't worry if you don't as here's a great alternative;

- Take some loo roll or tissue and tear it up into small feather sized pieces.
- Check your tissue feathers by holding them up in the air and watching the way they fall when you drop them to see them float just like a feather
- Make yourself a big pile of tissue feathers, put them in a bag or box ready for the show.



HOW TO USE THE ITEMS YOU HAVE MADE FOR SQUIDGE

Once you are ready to watch **SQUIDGE** place your 3 different items in their containers near where you are going to watch the show, but don't be tempted to play with them yet.

Your grown-ups might want you to put your box of slime onto a table cloth to stop you making too much mess...

During **SQUIDGE**, the performers will discover 3 magical light up boxes. Your 3 containers are going to be your own magical boxes...

Can you guess which boxes in **SQUIDGE are going to be the ones that light up?**

If you have a grown-up watching with you it's nice to let them have a feel of the texture too.

Which makes you go oohh... and which makes you go urgh...?



A GREEN BOX light up:

Put your hand into your slime, can you copy what the dancers do?

A PINK BOX light up:

Feel your stretchy things, how far do they stretch?

A BLUE BOX light up:

Pick up your soft feathers, see how they float and glide

DON'T FORGET TO PREPARE YOUR THEATRE...

Why don't you set up your own theatre in your home?

Here's how...

- Decide where you are going to watch Squidge and make sure there's a comfy seat for everyone watching.
- Grab some nice soft cushions and snuggly blankets
- Close the curtains to darken your room
- Get some snacks ready; slimy ice cream or crunchy popcorn?

EVEN MORE SQUIDGY FUN TO BE HAD AFTER THE SHOW

During **SQUIDGE** the performers make lots of bubbles and we'd love you to have a go at doing your own bubble dancing, inspired by what the dancers do.

If you don't have any, bubbles they are super easy to make...

You will need:

- A measuring jug
- 50ml of washing up liquid
- 300ml of tap water



What to do:

- Measure the washing-up liquid and pop it into a container, such as a jam jar.
- Measure out the water and slowly add it into your bubble mixture container, being careful not to create too many bubbles at this stage.
- Gently stir the mixture together to combine
- Let your bubble mixture rest before you use it, as it will make your bubbles even bubblier.

You'll also need a bubble wand to blow bubbles, you can make one of these too.

Here are things that you could try, see what kind of bubbles they all make:

- A Paper clip - bent into a wand shape or use as it is
- A Pipe cleaner - bent into a wand shape

Things to just dip into the bubbles and blow through;

- A Straw
- A Biscuit cutter
- A curtain ring



blow bubbles
& dance with
them...

If you'd like some extra inspiration and more fun squidgy activities take a look at our **'Here Comes Squidge'** videos on You Tube by following the links below:

Bubble Dancing!

Float and glide like a bubble, then see if you can pop bubbles with different parts of your body.

<https://youtu.be/DWnWRq2POrY>

Drawing yourself a friend

Learn how to draw yourself a stick person friend and dance with them.

<https://youtu.be/p2IPMIEJ-ek>

Squish, Squash, Squidge, how does it feel?

Guess what something is by touching it to see how it feels? What sound does a scratchy hairbrush make? How do you dance like a soft snuggly slipper?

<https://youtu.be/-GqdYVRitsA>

Making Rhythms

Make lots of different rhythms whilst cleaning at the same time.

<https://youtu.be/ok0W15jiP34>

Note for the grown-ups:

Squidge the film is an interactive experience designed for grown-up and child to watch together and have lots of fun! Depending on the age of your child they may also need some help to make the items above. We do not recommend that a child is left unsupervised for these activities.